

WAIVER AND RELEASE FROM LIABILITY

I acknowledge that I understand the nature of participating in the Wild River Triathlon Club and its activities. I understand my participation is potentially hazardous. In choosing to participate in the Wild River Triathlon Club and any related events or activities, I assume all risks, whether before, during or after the activity or related activities. These include, without limitation, collisions with pedestrians, vehicles, riders, sponsors, promoters, or drivers, and dangers arising from falls, camping, theft, biking, swimming, water conditions, road surface, equipment failure, inadequate safety equipment, weather conditions, as well as the possibility of physical or mental trauma, emotional stress or disability, death and paralysis.

I realize Wild River Triathlon Club activities require physical conditioning, and I represent that I am in sound medical condition, capable of participating without risk to myself and others. I understand and agree that a situation may arise during the Wild River Triathlon Club activity which may be beyond the control of the sponsors, promoters, or organizers, and agree to participate so as not to endanger myself and others.

I further agree that I will bear and assume all expenses I incur in any accidents, illness, or loss of any kind. I further agree and warrant that if, at any time, I believe conditions are unsafe, I will immediately discontinue further participation in the activity.

I hereby waive and release Wild River Triathlon Club, its officers, agents, sponsors, workers, members, volunteers, employees, or affiliated organizations from liability for any claims arising from negligence, harm, loss or damage sustained as a result of participation in the Wild River Triathlon Club or its activities.

I HAVE READ AND UNDERSTOOD THIS DOCUMENT.

Signature

Dated.

Printed Name