



Results For:
Montgomery Mouw

Elite

Bib #: 184
Age: 48
Gender: M
City, State: White Bear Lake, MN
Nation: United States
Race Category: Elite Master - Elite Master Men

Triathlon Results - Elite

Finish Time: 2:10:22.8
Category Place: 4 out of Elite Master Men finishers
Overall Place: 19 out of 59 Elite finishers
Gender Overall Plc: 19 out of 37 Male finishers

Triathlon Splits

Swim 1.5K

Time: 22:32.7
Pace: 1:30 /100m
Category Place: 3
Overall Place: 13
Gender Overall Plc: 10

Transition #1

Time: 1:21.3
Category Place: 2
Overall Place: 17
Gender Overall Plc: 15

Bike 40K

Time: 1:02:29.6
Pace: 24.5MPH
Category Place: 4
Overall Place: 12
Gender Overall Plc: 12

Transition #2

Time: 1:20.2
Category Place: 5
Overall Place: 28
Gender Overall Plc: 21

Run 10K

Time: 42:38.9
Pace: 6:52/M
Category Place: 8
Overall Place: 36
Gender Overall Plc: 29

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