

Buffalo Triathlon
Sturges Park, Buffalo, MN - June 1, 2014
1.5k Swim - 40k Bike - 10k Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
69	9/31	Brad Anez	43	N Richmond	WI	107	29:54	1:50	2:19	95	1:11:30	20.6	1:28	57	43:49	7:04	2:28:58

Liberty Triathlon
Rockford, MN - June 7, 2014
1.2mi Swim - 56mi Bike - 13.1mi Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
66	4/14	Jim Kelley	53	Centuria	WI	73	37:34	1:47	1:54	127	2:56:06	19.1	2:51	28	1:34:50	7:15	5:13:12
74	8/26	John Sosniecki	47	River Falls	WI	184	45:05	2:09	4:11	18	2:30:13	22.4	6:11	107	1:50:20	8:26	5:15:55

Liberty Triathlon
Rockford, MN - June 7, 2014
1.5k Swim - 40k Bike - 10k Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
1	OA	Dave Holden	45	Hudson	WI	1	23:38	1:08	0:48	4	58:20	25.5	0:45	5	40:11	3:04	2:03:39
18	2/7	Pat McCann	59	Birchwood	WI	40	33:54	1:37	2:09	12	1:04:06	23.3	1:33	29	49:13	3:46	2:30:52
75	2/2	Mike McCann	61	Eden Prairie	MN	75	38:54	1:51	3:17	87	1:26:10	17.3	1:51	56	54:45	4:11	3:04:54

EAU CLAIRE TRIATHLON
Halfmoon Park - Eau Claire, WI - June 8, 2014
500 Meter Swim - 17 Mile Bike - 5K Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
1	1/20	Lucy Ramquist	21	River Falls	WI	2	8:00	1:28	2:02	3	49:08	20.8	1:21	1	20:32	6:38	1:21:01
24	4/7	Joan Ramquist	50	River Falls	WI	3	8:18	1:31	1:30	37	1:03:25	16.1	1:41	24	27:50	8:59	1:42:42

TRINONA
Lake Winona - Winona, MN - June 8, 2014
1/4 Mile Swim - 11 Mile Bike - 3.1 Mile Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
101	3/9	Rick Wheeler	63	Blmngton	MN	91	9:08	2:05	2:11	99	36:59	17.8	1:41	125	28:16	9:07	1:18:13
57	1/7	Lisa Wheeler	63	Blmngton	MN	98	10:43	2:26	2:19	56	39:38	16.7	2:01	50	27:51	8:59	1:22:29

TRINONA
Lake Winona - Winona, MN - June 8, 2014
1.5K Swim, 40K Bike, 10K Run

Place	Div/Tot	Name	Age	City	St	Rank	Swim	100yd	T1	Rank	Bike	MPH	T2	Rank	Run	Pace	Finish
19	1/5	Cheryl Barker	45	Hudson	WI	14	29:04	1:47	2:24	8	1:17:52	19.1	2:02	32	53:11	8:34	2:44:31
52	5/5	CathIn McGinnity	49	Luck	WI	53	38:26	2:21	2:32	51	1:36:01	15.5	3:05	49	59:32	9:35	3:19:35