

APPLE DUATHLON
 Saturday, May 25, 2013
 Sartell, Minnesota
 5K Run, 33K Bike, 5K Run

| Plc | DIV/Plc | NAME | CITY | ST | AGE | RUN1 | min/mi | T1 | BIKE | mph | T2 | RUN2 | min/mi | TOTAL |
|-----|-------------|-------------------------------|-------------|----|-----|-------|--------|------|---------|------|------|-------|--------|---------|
| 9 | 2/26 | Jim Felling | River Falls | WI | 35 | 17:34 | 5:40 | 0:31 | 53:11 | 23.1 | 0:29 | 18:51 | 6:04 | 1:30:35 |
| 72 | 9/25 | Trent Johnson | Hudson | WI | 42 | 21:35 | 6:57 | 1:06 | 55:17 | 22.3 | 0:58 | 22:06 | 7:07 | 1:41:01 |
| 85 | 3/16 | Mike Colaizy | Osceola | WI | 63 | 20:52 | 6:43 | 0:53 | 57:55 | 21.2 | 0:50 | 23:23 | 7:32 | 1:43:51 |
| 103 | 7/16 | Jim McDonell | Woodbury | MN | 60 | 20:24 | 6:34 | 0:53 | 1:00:53 | 20.2 | 0:59 | 23:39 | 7:37 | 1:46:47 |
| 271 | 10/11 | Cathleen McGinnity | Luck | WI | 48 | 27:32 | 8:52 | 1:45 | 1:21:33 | 15.1 | 1:39 | 32:10 | 10:22 | 2:24:36 |
| 8 | 1/11 (team) | Meg Westhoff-Madonna Lindgren | | | | 20:19 | 6:33 | 0:30 | 59:20 | 20.7 | 0:22 | 21:32 | 6:56 | 1:42:01 |

<http://www.pigmantri.com/jmsracing/results13/appledu13b.pdf>