

TIMBERMAN TRIATHLON

July 10, 2010

Ruttger's Sugar Lake Lodge, Grand Rapids, Minnesota

(International Distance Course)

1 Mile Swim, 23.8 Mile Bike, 6 Mile Run

Men

PLC	DIV	NAME	CITY	ST	AGE	SWIM	min/100 yds	T1	BIKE	mph	T2	RUN	min/mi	TOTAL
6	2/6	Jim Kelley	Centuria	WI	49	21:44	1:15	1:21	1:01:11	23.3	0:45	38:23	6:24	2:03:22
7	3/6	Tom Krenz	Chisago	MN	49	20:16	1:10	1:24	1:03:04	22.6	1:00	38:03	6:21	2:03:45
21	2/8	Pat McCann	Hudson	WI	55	22:07	1:16	1:34	1:09:56	20.4	0:52	42:31	7:06	2:16:58
40	2/5	Mike Colaizy	Osceola	WI	60	27:23	1:34	2:07	1:06:50	21.4	1:02	47:48	7:58	2:25:10
58	4/8	Rick Wheeler	River Falls	WI	59	27:34	1:34	1:58	1:16:33	18.7	1:15	51:06	8:31	2:38:24
75	7/8	Wall Milbrath	Hudson	WI	55	27:34	1:34	1:35	1:24:38	16.9	1:05	1:02:34	10:26	2:59:24
76	13/13	Doran O'Brien	Scandia	MN	39 M	25:56	1:29	1:55	1:21:54	17.4	1:47	1:21:28	13:35	3:12:59

Women

PLC	DIV	NAME	CITY	ST	AGE	SWIM	min/100 yds	T1	BIKE	mph	T2	RUN	min/mi	TOTAL
5	1/2	Kelly McCann	Hudson	WI	24	20:02	1:09	1:14	1:12:18	19.8	1:40	45:25	7:35	2:20:37
22	3/8	Carolyn Milbrath	Hudson	WI	53	22:19	1:17	1:23	1:17:39	18.4	1:15	54:00	9:00	2:36:35
34	1/2	Lisa Wheeler	River Falls	WI	59	27:47	1:35	2:15	1:22:50	17.2	1:37	54:43	9:08	2:49:10

<http://www.pigmantri.com/jmsracing/results10/tim10b.html>