

## Superiorman

Sunday August 30<sup>th</sup>, 2015 Duluth, MN

Half Iron distance- 1.2 mi swim- 56 mi bike- 13.1 mi run

Plc	plc/div	Name	Age	City	St	Swim	min/100	T1	Bike	mph	T2	Run	min/mi	Finish
25/202	7/18	Brian Glaeser	30	Somerset	WI	37:09	1:45	3:27	2:32:25	22.0	3:07	1:49:06	8:20	5:05:12
112/202	1/3	Carolyn Milbrath	57	Hudson	WI	38:28	1:49	3:57	3:03:42	18.3	3:52	2:27:01	11:14	6:16:48
178/202	6/9	Carin Anderson	34	River Falls	WI	43:57	2:04	7:48	3:23:36	16.5	6:14	2:56:54	13:31	7:18:27
180/202	4/6	CathIn McGinnity	49	Luck	WI	51:35	2:26	9:47	3:17:16	17.0	4:28	2:56:21	13:28	7:19:25
196/202	5/5	Joleen Gutting	45	River Falls	WI	56:26	2:39	10:57	3:43:26	15.0	3:07	2:51:58	13:18	7:46:00

41.5 distance- .5 mi swim- 35.5 mi bike- 5.5 mi run

Plc	plc/div	Name	Age	City	St	Swim	min/100	T1	Bike	mph	T2	Run	min/mi	Finish
71/89	4/4	Wally Milbrath	60	Hudson	WI	18:51	2:09	5:41	2:12:06	16.1	3:09	1:11:26	12:46	3:51:10

<http://www.duluthrunning.com/results/superior-man-triathlon/>