

MARK BITTNER

BIB	AGE	STATE/COUNTRY	PROFESSION
1474	44	BRUCE WI USA	

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:15:01	5:44:34	4:42:27	11:56:40	508	85

LEG	DISTANCE	PACE	RANK	DIV.POS.
TOTAL SWIM	2.4 mi. (1:15:01)	1:58/100m	960	162
FIRST BIKE SEGMENT	40 mi. (1:55:16)	20.82 mph		
SECOND BIKE SEGMENT	83 mi. (2:10:02)	19.84 mph		
FINAL BIKE SEGMENT	112 mi. (1:39:16)	17.53 mph		
TOTAL BIKE	112 mi. (5:44:34)	19.50 mph	458	79
FIRST RUN SEGMENT	6.35 mi. (1:05:19)	10:17/mile		
SECOND RUN SEGMENT	13 mi. (1:14:12)	11:09/mile		
THIRD RUN SEGMENT	19.23 mi. (1:14:15)	11:55/mile		
FINAL RUN SEGMENT	26.2 mi. (1:08:41)	9:51/mile		
TOTAL RUN	26.2 mi. (4:42:27)	10:46/mile	508	85

TRANSITION	TIME
T1: SWIM-TO-BIKE	8:59
T2: BIKE-TO-RUN	5:39