

**Liberty Triathlon- Olympic**

Rockford, MN - June 8th, 2013

1.5k Swim, 40k Bike, 10k mile Run

Place	Name	Age	City	St	Swim	min/100	T1	Bike	mph	T2	Run	min/mi	Finish
4/88	David Holden	44	No Hudson	WI	21:02	1:17	0:53	54:33	22.54	0:48	41:05	6:34	1:58:18

[http://www.onlineraceresults.com/race/view\\_plain\\_text.php?race\\_id=30028](http://www.onlineraceresults.com/race/view_plain_text.php?race_id=30028)**Liberty Triathlon-Half Iron**

Rockford, MN - June 8th, 2013

1.2 Mile Swim - 56 Mile Bike - 13.1 Mile

Place	Name	Age	City	St	Swim	min/100	T1	Bike	mph	T2	Run	min/mi	Finish
10/188	Jim Felling	35	River Falls	WI	33:42	1:36	1:26	2:25:24	23.1	0:47	1:24:32	6:28	4:25:50
31/188	John Sosniecki	46	River Falls	WI	44:17	2:05	1:41	2:21:19	23.8	1:50	1:38:09	7:30	4:47:14
26/89	Meg Westhoff	36	Hudson	WI	39:36	1:52	3:53	2:51:49	19.6	2:00	1:58:33	9:03	5:35:49

[http://www.onlineraceresults.com/race/view\\_plain\\_text.php?race\\_id=30027](http://www.onlineraceresults.com/race/view_plain_text.php?race_id=30027)