

IRONMAN WIS 2012

MARK BITTNER

Age Group Rank: 79
Overall Rank: 782

BIB:	2462
Division:	M45-49
Age:	47
State:	Bruce WI
Country:	USA
Profession:	Manufacturer
Swim:	1:19:51
Bike:	5:54:05
Run:	4:52:12
Overall:	12:22:30

Swim Detail Division Rank: 132

Split Name	Distance	Split Time	Race Time	Pace	Div. Rank	Overall Rank	Gender Rank
Total	2.4 mi	1:19:51	1:19:51	2:04/100m	132	1230	960

Bike Detail Division Rank: 70

Split Name	Distance	Split Time	Race Time	Pace	Div. Rank	Overall Rank	Gender Rank
56 mi	56 mi	2:44:24	4:13:28	20.44 mi/h			
94 mi	38 mi	2:13:50	6:27:18	17.04 mi/h			
112 mi	18 mi	55:51	7:23:09	19.34 mi/h			
Total	112 mi	5:54:05	7:23:09	18.98 mi/h	70	511	458

Run Detail Division Rank: 79

Split Name	Distance	Split Time	Race Time	Pace	Div. Rank	Overall Rank	Gender Rank
6.5 mi	6.5 mi	53:14	8:23:32	8:12/mi			
9 mi	2.5 mi	20:56	8:44:28	8:22/mi			
13.2 mi	4.3 mi	38:46	9:23:14	9:06/mi			
19.4 mi	6.2 mi	--:--	--:--	--/mi			
22 mi	2.5 mi	11:11:13	11:11:13	27:25/mi			
26.2 mi	4.3 mi	1:11:17	12:22:30	16:46/mi			

Run Detail Division Rank: 79

Split Name	Distance	Split Time	Race Time	Pace	Div. Rank	Overall Rank	Gender Rank
Total	26.2 mi	4:52:12	12:22:30	11:09/mi	79	782	652
Transition							
T1: SWIM-TO-BIKE					9:13		
T2: BIKE-TO-RUN					7:09		