

**IRONMAN WIS 2012**

**CARIN ANDERSON**

**Age Group Rank: 111**  
**Overall Rank: 2050**

<b>BIB:</b>	565
<b>Division:</b>	F30-34
<b>Age:</b>	32
<b>State:</b>	River Falls WI
<b>Country:</b>	USA
<b>Profession:</b>	Other
<b>Swim:</b>	1:23:50
<b>Bike:</b>	7:48:04
<b>Run:</b>	5:50:25
<b>Overall:</b>	15:26:12

**Swim Detail Division Rank: 75**

<b>Split Name</b>	<b>Distance</b>	<b>Split Time</b>	<b>Race Time</b>	<b>Pace</b>	<b>Div. Rank</b>	<b>Overall Rank</b>	<b>Gender Rank</b>
<b>Total</b>	<b>2.4 mi</b>	<b>1:23:50</b>	<b>1:23:50</b>	<b>2:10/100m</b>	<b>75</b>	<b>1507</b>	<b>343</b>

**Bike Detail Division Rank: 110**

<b>Split Name</b>	<b>Distance</b>	<b>Split Time</b>	<b>Race Time</b>	<b>Pace</b>	<b>Div. Rank</b>	<b>Overall Rank</b>	<b>Gender Rank</b>
56 mi	56 mi	3:37:23	5:14:44	15.46 mi/h			
94 mi	38 mi	3:01:08	8:15:52	12.59 mi/h			
112 mi	18 mi	1:09:33	9:25:25	15.53 mi/h			
<b>Total</b>	<b>112 mi</b>	<b>7:48:04</b>	<b>9:25:25</b>	<b>14.36 mi/h</b>	<b>110</b>	<b>2136</b>	<b>512</b>

**Run Detail Division Rank: 111**

<b>Split Name</b>	<b>Distance</b>	<b>Split Time</b>	<b>Race Time</b>	<b>Pace</b>	<b>Div. Rank</b>	<b>Overall Rank</b>	<b>Gender Rank</b>
6.5 mi	6.5 mi	1:19:44	10:55:31	12:18/mi			
9 mi	2.5 mi	31:38	11:27:09	12:39/mi			
13.2 mi	4.3 mi	56:10	12:23:19	13:11/mi			
19.4 mi	6.2 mi	1:27:45	13:51:04	14:09/mi			
22 mi	2.5 mi	33:34	14:24:38	13:22/mi			
26.2 mi	4.3 mi	1:01:34	15:26:12	14:29/mi			

Run Detail Division Rank: 111

Split Name	Distance	Split Time	Race Time	Pace	Div. Rank	Overall Rank	Gender Rank
Total	26.2 mi	5:50:25	15:26:12	13:22/mi	111	2050	504
Transition							
T1: SWIM-TO-BIKE					13:31		
T2: BIKE-TO-RUN					10:22		