

Ashland tri-2014

Phillips Chain of Lakes Triathlon
Phillips, WI
Sat. 7/12/14

.25mi swim- 18 mile bike- 5km run

Plc	Div	PI	Name	City	St	age	Plc	Swim	Pace	T1	Plc	Bike	MPH	T2	Plc	Run	Pace	Time
4	2/5		Mark Bittner	Bruce	WI	45-49	9	5:26	1:22	1:27	5	48:27	22.3	0:31	7	21:35	6:57	1:17:25
16	1/1		Nicole Finstad	Birchwd	WI	40-44	16	6:00	1:30	0:48	20	55:40	19.4	0:26	14	22:36	7:17	1:25:29

<http://www.duluthrunning.com/wp-content/uploads/2014/07/Triathlon.txt>

Chequamegon Bay Sprint
Ashland, WI
Bay View Park
Sun., Jul 20, 2014

1.5 km swim- 15 mile bike- 5km run

http://www.itiming.com/raceresults/1137-cheqbaysprinttri14_div.pdf

OA Plc	Age Plc	Name	City State	Swim	T1	Bike	T2	Run	Finish Time
5/54	1/4	Mark Bittner	Bruce, WI	0:07:22	0:02:04	0:40:32	0:31.4	0:21:46	01:12:17