

APPLE DUATHLON  
 Saturday, May 28, 2011  
 Sartell, Minnesota

5K Run, 33K Bike, 5K Run

TOT	DIV	NAME	CITY	AGE		RUN			TRAN1		BIKE		TRAN2		RUN		TOTAL
PLC	PLC				plc	time	pace	time	plc	time	mph	time	plc	time	pace	TIME	
38	1/3	Michael Colaizy	Osceola	WI 61	50	20:34	6:38	0:50	33	55:57	22.0	0:46	60	22:47	7:20	1:40:52	
55	3/9	Doug Wynveen	Osceola	WI 55	44	20:21	6:33	0:56	61	58:32	21.0	1:05	62	22:58	7:24	1:43:51	
58	8/22	Trent Johnson	Hudson	WI 40	113	22:44	7:19	0:52	45	56:52	21.6	0:47	71	23:27	7:33	1:44:41	

**MIKE COLAIZY's** 1:40:52 lowered the 60-64M mark set by Californian **Dennis Kasischke** in '09 by 1:29.

<http://www.pigmantri.com/jmsracing/results11/appledu11b.html>