

**Trinona - 2011**

June 12, 2011 in Winona, MN

**Sprint** .25mile Swim - 11 Mile Bile – 3.1 Mile Run**Megan Westhoff**

<b>bib number:</b>	645
<b>age:</b>	34
<b>gender:</b>	F
<b>location:</b>	Roberts, WI
<b>overall place:</b>	39 out of 337
<b>division place:</b>	1 out of 43
<b>gender place:</b>	7 out of 194
<b>time:</b>	1:08:33
<b>swim:</b>	9:08
<b>trn1:</b>	1:38
<b>bike:</b>	35:03
<b>trn2:</b>	0:1
<b>run:</b>	21:05

**John Rukavina**

<b>bib number:</b>	537
<b>age:</b>	47
<b>gender:</b>	M
<b>location:</b>	Hudson, WI
<b>overall place:</b>	95 out of 337
<b>division place:</b>	4 out of 19
<b>gender place:</b>	71 out of 209
<b>time:</b>	1:16:24
<b>swim:</b>	7:46
<b>trn1:</b>	2:25
<b>bike:</b>	37:55
<b>trn2:</b>	0:1
<b>run:</b>	26:35

