

Apple Duathlon- Sartell, MN May 24, 2009

NAME/ AGE/ HOME	PLACE OVERALL	PLACE AGE GRP	TIME (RUN1 )	PACE min/mi	TIME (BIKE)	SPEED MPH	TIME (RUN2)	PACE min/mi	TIME (TOTAL)
Jim Kelley /48 / Centuria	25	2/27	17:48	5:44	52:29	23.4	19:30	6:17	1:31:04
Tom Krenz /48 /Chisago Cty.	32	4/27	17:54	5:54	53:43	22.9	19:15	6:12	1:32:15
Mike Colaizy/58/ Osceola	88	2/16	20:10	6:30	56:30	21.8	21:53	7:03	1:40:12
Doug Wynveen /53/Osceola	150	12/18	21:07	6:48	1:01:52	19.9	22:54	7:23	1:47:50
Trent Johnson /38/Hudson	154	22/34	21:31	6:56	1:02:05	19.8	22:36	7:17	1:48:27

<http://www.midwestmultisport.com/Results/appledu09b.htm>